

## STEP 1 - CLEANSING

### Pre-Cleanse Oil

Watch as your skin is replenished, calmed and deeply cleansed! Apply 1-2 pumps to dry hands, massage onto to dry face, neck and décolletage for 1min. Take some deep breaths and enjoy the uplifting Rose aroma. Safe for use over the eyes.



### Cream Cleanser

A nourishing, thorough cleanse. Apply 1-2 pumps to damp hands, emulsify and massage into the skin over the Pre-Cleanse Oil for 1min. Remove with warm water and/or damp microfiber cloth. Safe for use over the eyes.

### Skin Intelligence Cleanser

Advanced Cleansing for Pigmented, Mature, Resilient Skin. Apply 1-2 pumps to damp hands, emulsify and massage into the skin over the Pre-Cleanse Oil for 1min. Remove with warm water and/or damp microfiber cloth. Avoid the eyes.

### Gel Cleanser

Cleanser, Spot Treatment and Leave on Mask for Oily or Blemished Skin. To cleanse, apply 1-2 pumps to damp hands, emulsify and massage into the skin. Remove with warm water &/or damp microfiber cloth. Avoid the eyes.

## STEP 2 - SKIN SOAKING

The Prologic Microfibre Cloth is the basis of Prologic's Signature Skin Soaking Ritual.



Following cleansing, immerse cloth in warm water, wring out slightly and press the damp cloth firmly into the skin. Repeat this three times. Follow immediately with spray, serum, moisturiser and/or oil to lock in the hydration and dewiness!

Skin soaking increases skin hydration up to 50% in just 2 weeks! You will also use less product whilst maintaining the same, if not more, skin benefits.

## STEP 3 - TREATMENT SPRAY

Maximise your skins hydration with Prologic Sprays. Apply 2-3 sprays into hands & press into damp skin, drawing hydration to the skins deeper layers, enhancing results from Serums, Moisturisers & Oils.

### Hydrating Spray

Natural Moisturising Factor & Hyaluronic Acid hold hydration in the skin, alongside calming Vitamin B5.



### Anti-Ageing Spray

Hyaluronic Acid, Anti-Ageing Peptides & Green Tea for youthful cell expression & collagen production.

### Anti-Acne Spray

Anti-bacterial & microbial Tea Tree Oil, anti-inflammatory and protective Vitamins E & B5.

## STEP 4 - SERUM

Delivering carefully selected ingredients into the deep skin layers, Serums are a powerful addition to your skin routine. Apply 1/2 a pump of serum to face (inc. eye area), neck & décolletage, immediately after your Treatment Spray.

### Probiotic Serum

Pre & Pro Biotics repair the skin barrier providing a powerful anti-inflammatory effect.

### Hydrating Serum

Our favorite hydrating ingredient, Hyaluronic Acid deeply plumps, smooths & softens skin.

### Anti-Ageing Serum

Collagen Peptides, Superox-C™ (Vitamin C), Hyaluronic Acid & Grapeseed Extract. No wonder this is a best seller!

### Vitamin C Power Serum

Potent Vitamin C, Mamaku Black Fern & Hyaluronic Acid firm & brighten



### Gua Sha ("gwa-shah")

Facial massage technique to refine facial contours & texture.



## STEP 5 - MOISTURISE

Dispense 1-2 pumps of Moisturiser into your hands, warm slightly between fingertips and massage gently into the skin. Apply in quick succession after Cleansing, Skin Soaking, Treatment Spray and Serum application.

### Derma Aid Moisturiser

Boswellia, Green Tea, Kiwi Seed & Flaxseed Oils act as an "Ambulance In A Bottle" for stressed, barrier impaired and sensitised skins

### Repair

#### Level 1 Treatment Moisturiser

Starting levels of Vitamin A & E, Echium and Kiwi Seed Oil for cell repair, anti-inflammatory & strengthening action.

### Strengthen

#### Level 2 Treatment Moisturiser

Mid levels of Vitamin A, C & E, for cell repair & collagen stimulation, Kiwi Seed Oil boosts the skins Omega 3 levels.

### Optimal

#### Level 3 Treatment Moisturiser

Boasting the highest levels of Vitamin A, C & E, and Kiwi Seed Oil for optimal skin cell repair, collagen production, & anti-oxidant support.



## STEP 6 - TREATMENT OIL

Treatment Oils can be used alone, or in conjunction with your Moisturiser. While your skin is still slightly moist from the earlier steps, decant 1/2 - 1 pump, warm slightly between fingertips, press over the skin and massage in. Ideally allow approx. 10 mins for full absorption if applying SPF/makeup.

### Omega 3 Treatment Oil

Pure Kiwi Seed Oil & Vitamin E.

### Anti-Oxidant Night Oil

Macadamia, Hemp Seed & Meadowfoam Oil.

### Skin Recovery Oil

EFA's, Squalene, Vitamins A, B, & E.

